

## Be a Confident Caregiver

It's natural for patients to get butterflies when facing surgery. Caregivers are often nervous about the responsibility too. With the SwiftPath Method the surgeon-authored patient guide is designed to address every step of the process for both patient and caregiver, from decision making and medication, to pain management and rehab. In addition, the comprehensive JointCamps cover the critical information and provide a format to have questions answered, removing the guess work and empowering the caregiver.

Emily, the wife and caregiver of a recent SwiftPath patient offers, "The things that you're doing are what the nurses were doing in the hospitals: giving the pain medication on time, elevating and icing the leg, and reminders to use the incentive spirometer. These are all things that are very easy to learn, and don't require any sophisticated medical background."



Patients and caregivers attend JointCamp together

By combining the pain protocols, home monitoring, and active engagement, fear is reduced and expectations are set. Both caregiver and patient will have the confidence needed for the duration of their joint replacement journey.

[View video on patient and caregiver engagement](#)

**One SwiftPath patient talks about her husband's initial apprehension at taking on the caregiver role for her joint replacement:**

*"At first he was really uncomfortable about being my caregiver, but after he was educated, he was on board. He laughs about it now because it wasn't difficult. Learning what we needed to know helped me avoid the hospital. I feel great about that and I'm so happy I got to recover at home."*

- Carol B, SwiftPath Patient

[Read SwiftPath caregiver blog post](#)

## There's No Place Like Home



Where do you sleep best? Chances are, it's your own bed. That is just one of the benefits of SwiftPath outpatient joint replacement surgery. Other advantages patients experience include:

- Happier patients
- Less pain, less narcotics
- Less risks
- Better outcomes
- Quicker recovery

*"When you can walk to the car almost immediately post surgery, it can't get any better!"*

- Tom B, SwiftPath patient

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### SURGEON QUOTE

*"Part of the process of getting a successful outcome is to involve the family. We have set up JointCamps that not only involve the patient and their education, but also the caregiver who will help them through the rehabilitation process."*

- Dr Perry Secor, SwiftPath Surgeon, Los Alamitos Orthopedics Medical and Surgical Group

